

**PATIENT INFORMATION**

First Name: \_\_\_\_\_ MI: \_\_\_\_\_ Last: \_\_\_\_\_

Phone: \_\_\_\_\_ Work: \_\_\_\_\_

Marital Status: Single Married Widowed Divorced Other Sex: Male Female

Social Security Number: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email Address: \_\_\_\_\_

Would you like appointment reminders? Yes No If Yes; Text Email

How did you hear about us? Doctor Friend Website Attorney Other \_\_\_\_\_

Employment Status: Full time Part Time Other (please describe): \_\_\_\_\_

Employer: \_\_\_\_\_ Job Title: \_\_\_\_\_

**PHYSICIAN INFORMATION**

OBGYN/Midwife: \_\_\_\_\_ Phone: \_\_\_\_\_

Did your doctor refer you? Yes No

Reason for Referral: \_\_\_\_\_

Other physicians you see: \_\_\_\_\_ Specialty: \_\_\_\_\_

**EMERGENCY CONTACT INFORMATION**

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Home/Cell Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

**INSURANCE INFORMATION**

Insurance Company Name: \_\_\_\_\_ DOB of Guarantor: \_\_\_\_\_

Insured Party: Self Spouse Parent Employer Other

**Secondary Insurance information (if applicable)**

Secondary Insurance Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

**PATIENT HISTORY**

What is the reason for your visit? \_\_\_\_\_

Have you been treated for this condition before? Yes No

If yes, where and when? \_\_\_\_\_

**Pain**

Do you have pain with:

Sexual intercourse: Yes No

Pelvic exam: Yes No

Tampon use: Yes No

Back, leg, groin, abdominal pain: Yes No

Please circle the level/number of pain you experience on a daily basis:

[ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ]

0 1 2 3 4 5 6 7 8 9 10

No Pain

Worst Possible Pain

**MEDICAL HISTORY**

Check all that apply:

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> Allergies            | <input type="checkbox"/> Anxiety                 | <input type="checkbox"/> Osteoarthritis |
| <input type="checkbox"/> Smoker               | <input type="checkbox"/> Asthma                  | <input type="checkbox"/> Seizures       |
| <input type="checkbox"/> Heart Disease        | <input type="checkbox"/> High/Low Blood Pressure | <input type="checkbox"/> Pacemaker      |
| <input type="checkbox"/> Heart Attack         | <input type="checkbox"/> Fibromyalgia            | <input type="checkbox"/> Headaches      |
| <input type="checkbox"/> Metal Implants       | <input type="checkbox"/> Osteoporosis/Osteopenia | <input type="checkbox"/> Stroke         |
| <input type="checkbox"/> Autoimmune Disorder  | <input type="checkbox"/> Cancer                  | <input type="checkbox"/> Diabetes       |
| <input type="checkbox"/> Circulatory Problems | <input type="checkbox"/> Kidney Problems         | <input type="checkbox"/> Latex Allergy  |
| <input type="checkbox"/> Multiple Sclerosis   | <input type="checkbox"/> Parkinson's Disease     | <input type="checkbox"/> HIV            |

### Obstetric History

Are you trying to get pregnant? Yes No

If Pregnant, how many weeks are you? \_\_\_\_\_

Have you ever been pregnant? Yes No

If yes, please list number of pregnancies/deliveries:

Number of pregnancies \_\_\_\_\_

Date of most recent delivery \_\_\_\_\_

Number of vaginal deliveries \_\_\_\_\_

Number of cesarean deliveries \_\_\_\_\_

Birth weight of largest baby \_\_\_\_\_

Number of episiotomies \_\_\_\_\_

Were forceps or a vacuum extraction used? Yes No

Did you have any trouble healing after delivery? Yes No

Please list any complications during pregnancy/giving birth: \_\_\_\_\_

### Gynecologic History

Date of last pap smear \_\_\_\_\_ Have you ever had an abnormal pap smear? Yes No

Date of last period \_\_\_\_\_ Do you have regular menstrual cycles? Yes No

Do you have pain with menstruation? Yes No

Do you take oral contraceptives: Yes No

If no do you use a different type of birth control: \_\_\_\_\_

Have you reached Menopause? Yes No

If yes, are you taking Estrogen Therapy? Yes No

Have you had a hysterectomy? Yes No

If yes, at what age? \_\_\_\_\_ Were your ovaries removed? Yes No / One Both

Have you had a Mammogram? Yes No

If yes, when was your last one? \_\_\_\_\_

**PELVIC FLOOR CONSENT FOR EVALUATION AND TREATMENT**

I acknowledge and understand that I have been referred for evaluation and treatment of pelvic floor dysfunction. Pelvic floor dysfunctions include, but are not limited to, urinary or fecal incontinence; difficulty with bowel, bladder, or sexual functions; painful scars after childbirth or surgery; persistent sacroiliac or low back pain; or pelvic pain conditions.

I understand that to evaluate my condition it may be necessary, initially and periodically, to have my therapist perform an internal pelvic floor muscle examination. This examination is performed by observing and/or palpating the perineal region including the vagina and/or rectum. This evaluation will assess skin condition, reflexes, muscle tone, length, strength and endurance, scar mobility, and function of the pelvic floor region. Such evaluation may include vaginal or rectal sensors for muscle biofeedback. Your physical therapist will discuss this option and receive your consent during your initial visit before initiating this exam.

You absolutely can say no, and your physical therapist can assess and treat the pelvic floor muscles externally (from the outside) if needed. The assessment of the pelvic floor muscles may result in soreness or discomfort temporarily. If this occurs, please discuss your symptoms with your physical therapist.

By signing this form, you agree and understand that treatment as indicated above may be necessary for effective treatment of your problem, and you agree that we have your permission to treat as discussed. You are always free to change your mind at any time during your course of treatment, and you are encouraged to notify your physical therapist of any changes of your preferences.

If you consent, you have the option to have a second person in the room for the pelvic floor muscle evaluation and treatment (as described above). The second person could be a friend, family member, or clinic staff member.

Please indicate your preference with your initials:

\_\_\_\_\_ YES I want a second person present during the pelvic floor muscle evaluation and treatment.

\_\_\_\_\_ NO I do not want a second person during the pelvic floor muscle evaluation and treatment.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Printed Name: \_\_\_\_\_

Physical Therapist Signature : \_\_\_\_\_ Date: \_\_\_\_\_

Printed Name: \_\_\_\_\_

**INSURANCE AND BENEFITS**

I the undersigned certify that I (or my dependent), have insurance coverage with the above listed insurance company and assign directly to OnePoint Physical Therapy, Inc. all insurance benefits. I understand that I am financially responsible for all charges that are not payable by insurance. There will be a \$30.00 returned check fee. **I understand that it is my responsibility to check with my insurance to see what my benefits will be and if my plan pays in or out of network. I realize that you have verified this, however, that is not a guarantee of benefits or payments.** I also authorize the release of my medical and billing information to my insurance company and Physician if requested to process this claim.

**24-HOUR LATE CANCEL/NO SHOW POLICY**

We have a 24-hour late cancellation/no show policy. If you fail to show up for your scheduled appointment you will be charged a \$30.00 fee. Please call us 24 hours in advance to cancel/reschedule your appointment. Failure to do so will result in a \$30.00 charge. This charge will be an out of pocket expense and cannot be billed to your insurance company.

**INFORMED CONSENT TO TREAT**

I consent to rehabilitation treatment by OnePoint Physical Therapy. Further, I acknowledge that no guarantees have been made to me regarding treatment and the treatment results from the rehabilitation therapy. I have the right to ask questions about any potential risks with treatment and questions about my condition throughout the rehabilitation process. I accept the role of participant in my recovery and I am aware that my physician will be kept informed as to the status of my recovery as well as my compliance with therapy and attendance. I understand that it is my responsibility to inform the physical therapist/staff about any changes in health status, medications, or allergies that may affect treatment.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Printed Name: \_\_\_\_\_

Front Office Coordinator: \_\_\_\_\_ Date: \_\_\_\_\_